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Rates need lowering?

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■ NEW PROJECT

Turbines planned for Wellandport

DAVE JOHNSON
InPort News Staff

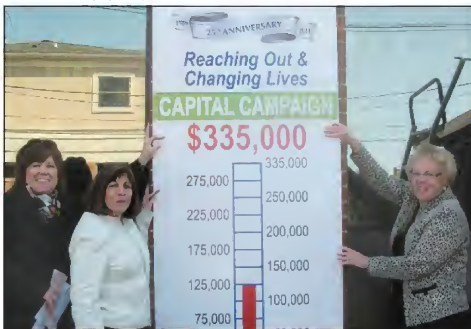
WAINFLEET — A company that received approval for a 230-megawatt, wind-power project in West Lincoln plans to install turbines in the northwest area of Wainfleet.

But before those turbines are ever installed, the company will meet with local municipalities and community groups across the area, said Niagara Region Wind Corp. spokesman Randi Rahamin.

Both West Lincoln and Wainfleet have called for moratoriums on wind turbine installation until more information on possible health effects, property value impact and other issues is made available or more studies are carried out.

See TURBINES | page 2

■ PORT CARES: Paying for expansion



LINDSAY COSTELLO Tribune Photo

Pam Swick-Janjac, Port Cares development officer; Claudia Brema, chair of fund development, and Lynda Reinhart, executive director, display a new thermometer sign that will track the progress of the organization's Reaching Out and Changing Lives campaign, which raises money to expand the Reach Out Centre at 61 Nickel St. in Port Colborne.

Thermometer keeps heat on campaign

LINDSAY COSTELLO
For InPort News

PORT COLBORNE — Port Cares continues to work to ensure its residents have food in their bellies and their feet on the ground.

The Port Cares capital campaign, Reaching Out and Changing Lives, raises money to help fund an expansion at Port Colborne's Reach Out Centre at 61 Nickel St.

The expansion's result will be a new community food central that will include an industrial kitchen, office space, increased capacity in the dining area and ample space for food items used for both the food bank and the meal program.

See CAMPAIGN | page 2

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■ TURBINES

Company recognizes impact

FROM PAGE 1

Rahamim said Niagara Region Wind Corp., which received a feed-in-tariff contract from the Ontario Power Authority in February, plans to conduct a public-awareness campaign to let people know what the project is about and what wind power means.

With approximately 80 turbines for West Lincoln and parts of Wainfleet and Haldimand County, the company recognizes there will be an impact on the community and municipalities, Rahamim said.

"We're looking at a revenue-sharing approach where we reinvest in the community. A percentage of the revenue from the project will be given back to the community and it will decide how the money should be spent."

Rahamim said in the short-term alone, there will be many benefits from the project, including at least 300 local jobs for the anticipated two-year construction phase. When construction is complete, there will be 40 full-time jobs to keep the turbines operational.

The \$600-million project will see materials, such as concrete and steel, sourced locally and inject \$36 million in land-lease



Wind turbines, like this one in Lowbanks, could start popping up in Wellandport. Niagara Region Wind Corp. received approval for a 230-megawatt, wind-power project in West Lincoln plans to install turbines in the northwest area of Wainfleet.

DAVE JOHNSON Staff Photo

payments over its 20-year span.

Those payments, Rahamim said, will help supplement the income of landowners who have the turbines on their properties.

As for concerns over the impact turbines will have on property values of surrounding homes in the Wellandport area of Wainfleet, she said information the company has does

not show a causal relationship between the two.

"We'll commission a study that will review the property value impact in Haldimand. It's the nearest community we can measure through tax assessment."

Rahamim spoke about the health concern issue that has been raised over turbines and said both the provincial and regional medical officers of health have found

no relationship.

However, she said the company plans to listen to residents' concerns and make itself very available to take away the fear and stigma associated with wind power and wind turbines.

Public open houses will be held, though no dates have been set as yet. The company has already met with Wainfleet Mayor April Jeffs to inform her of the

projects.

Jeffs said that meeting took place recently and the township's planner, Grant Munday, was in attendance.

"We knew the project was going into West Lincoln, but didn't know it would touch Wainfleet until the company approached us."

Jeffs said the company didn't give specifics as to where the turbines would be installed in the township other than in the Wellandport area.

"The company asked about the best avenue to educate the public about the project and gave us a package about it that spoke of the potential benefits to the community," said Jeffs, who has passed all of the information on to the four aldermen on township council.

She said Niagara Region Wind Corp. was aware of the township's moratorium and asked about its wording and how it would affect the project.

Jeffs also said she made it clear council stands behind the moratorium, which passed last month.



April Jeffs

■ CAMPAIGN

Port Cares must raise \$335,000 for project

FROM PAGE 1

Although Port Cares has received \$335,000 each from both the federal and provincial governments, it must raise an additional \$335,000 in order to complete the project.

With six months left in the campaign, \$150,000 has already been raised.

Money was raised through various Port Cares events and donations from the community. Board members are also seeking support from business and applying for grants.

Port Cares executive director Lynda Reinhart said fundraising began in the fall and she would like to see the campaign finished by this summer, adding she expects the new food centre to open in July.

A thermometer sign, donated by NewPort Signs, now hangs on the Port Cares building at 92 Charlotte St. to track the campaign's progress. Now its time to turn the heat up.

Lindsay Costello is a student at the College of Journalism student on a work placement at InPort News.

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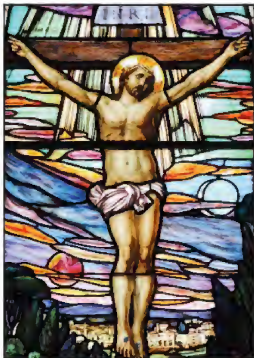
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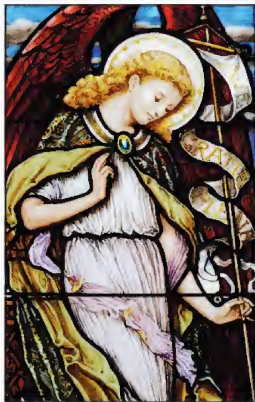
portraits



Panes of glory

DAVE HANUSCHUK
Staff Photos

Stained glass windows depicting various religious scenes are shown inside St. Patrick's Church on King St. Some of the windows in the church were added sometime after the original church was opened in 1880.



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Ourview

Project underway

Snovels could be in the ground as early as May for Port Colborne's new health and wellness centre.

During a special meeting last week council voted to award the building contract to Aquicon Construction at a cost of \$26,726,000 — the lowest of five tenders.

The health and wellness project — which will include two pools, a swimming and a hot tub, and a walking track, and fieldhouse and bocce court outside — has been around for more than a decade and we're glad to see it finally underway.

Debate over the centre has been ongoing for the past few years as council and the city inched closer and closer to realizing construction.

Even during the special meeting last week, Ward 1 Councillor Dave Elliott wanted to see the field house removed from the project.

"It's too big, too much. It's going to handicap the city financially," Elliott said of the project, adding he didn't want to see Port Colborne's hydro funds depleted to support the build.

Elliott also said he had difficulty supporting the size of the project because of the lack of growth in the city over the past 20 years.

It's a valid concern, but one Ward 2 Councillor, Angie Desmarais said because the city lacks a facility like the one proposed.

We agree with Desmarais. If you don't have facilities to attract people, they would they move here? You need something for people to do and somewhere for them to go.

"We need a facility our children can grow in," Desmarais said, adding the centre will fit the needs of the citizens of Port Colborne.

The new facility will fit the needs of residents locally. The city will have two arenas and a swimming pool, like it does now. But instead of aging facilities well past their years, the city will have a brand new one that will last for many years and be enjoyed by young and old alike.

We can't wait until the new facility opens.

Cast your vote

The city is moving around in the rankings to become Canada's Ultimate Fishing Town and votes are still needed to push it to No. 1, says Stephen Thompson, Port Colborne's general manager and director of economic development, tourism and marketing.

We know the city is a great fishing town.

Smallmouth bass, trout, perch, walleye, muskie and other species can all be found just off the shores of the city and some close to shore.

We're encouraging everyone to go to the website — www.wildlifeopen.ca/vote-view.php?town=port-colborne&citype=search — and vote for the city.

I'VE BEEN THINKING

PASTOR JEEVA SAM
Morgan's Point and Forks Road
East United Churches

According to an ancient tradition, since Easter is the biggest joke that God played on the Devil, every sermon/talk/congregation on Easter must begin with a joke. I dare not disregard so sacred a tradition!

Three people are greeted at the Pearly Gates by St. Peter who tells them they can enter upon answering the question: "What is Easter?"

Candidate No. 1 replies: "That's where we cook a turkey and give thanks." Peter frowns.

The next one says: "It's when Jesus came to earth as a baby, with angels, shepherds and the Wise Guys." Peter is disgusted by this display of ignorance until No. 3 pipes up: "Easter is when Jesus was crucified for our sins and lay buried in a tomb for three days." The apostle's face lights up as our candidate continues: "Then he rises from the dead, and if he sees his shadow, it means we have six more weeks of winter."

That's what St. Peter faltered!

Actually this joke may not be quite fat-fetched. Three years ago, British supermarket chain Sainsbury issued a press release which read: "Brits will on average be enjoying 3.5 (chocolate) eggs each over the Easter weekend alone. But

readers' views

Council wastes time

I have to stop driving around the main entrance of Port Colborne looking for more store closures because it is perhaps like being on drugs. It is hard to stop.

With a partly new council I thought there might be some noses put to the grindstone in an effort to get something going in Port Colborne. That does not seem to be happening.

Instead, we have a couple of new councillors more interested in changing a park's name.

Having succeeded in renaming Victoria Park to East Side Community Park, what are we going to call us on the west side? After all we cannot be left out.

We have a voice, too.

The above suggestion is the talk of the town. No one can believe it.

We pay high taxes here in Port Colborne and are going to be taxed an additional \$50 next year. For what? To sit

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Thinking about Easter: 'He has been raised'

over a quarter don't know why handing them out symbolizes the birth of Jesus."

Shortly thereafter, the company re-issued the release with an apology in which Easter was described as "re-birth of Jesus." Shocked that the amendment did not actually make amends, Somerfield's public relations firm contacted the Church of England, which is a church official (under) statement: "I clarified with them that it would probably be best to refer to Easter as a celebration of Christ's resurrection rather than his birth." Hence the third press release which finally wiped the (Easter) egg off Somerfield's corporate face.

Several years ago I quizzed young children in church about the meaning of Easter. Perhaps it wouldn't surprise you to learn that the Easter Bunny and egg hunts dominated the responses. Now you know why such quizzing is not part of my Easter repertoire anymore.

How about adults? According to a recent survey by the Barna Group, 42% of Americans said that the meaning of Easter was the resurrection of Jesus. 2% of the 18- to 29-year-olds said that the "birth of Christ" while another 2% indicated it was about the "rebirth of Jesus" (hello, Somerfield).

Some simply celebrate Easter as a festival of new life, replete with symbols such as baby chicks, lilies and butterflies, with no reference to the

bodily resurrection of Jesus whatsoever. Others claim that he lives, but only in the memory of his followers.

The Biblical record, though, is very clear about what happened. On the third day after Jesus died and was buried, some women went to anoint his body with spices, as was the custom. When they got to the tomb, they found that the stone that sealed the entrance had been rolled away and the tomb was empty. Angelic beings told them: "He is not here. He has been raised!"

Shortly thereafter, the Risen Jesus made personal appearances to Mary, some women and then to his disciples over a period of 40 days. He showed them his nail-pierced hands and wounded side (where a spear had been thrust on Friday) and invited Thomas to touch him (John 20:27). In Matthew 28:9 we are told that they clasped his feet.

According to Luke 24:42, he ate a piece of broiled fish and honey. Clearly he was not just a Caspar of a Christ, a disembodied spirit being, but a full-bodied human with a fully functioning digestive system.

Stanzas at Easter: "Make no mistake: if He rose at all it was as His body;

If the cells' dissolution did not reverse, The cells' decay, the amino acids rekindle, the Church will fall."

And that ain't no joke.

around and watch the town disappear because no one had the foresight to remedy the situation? Get off your butts and go after new factories and any business we can get. They will not come to you. You have to go after them.

Wm. R. Thompson
Port Colborne

Soup Fest a hot ticket

What a great event this year — 2011 is extra special as Port Colborne celebrates its 25th anniversary.

We are thrilled by the response to our second annual Port Cares Soup Fest which saw an almost sold-out attendance at St. Patrick's Church in Port Colborne.

Everyone enjoyed the delicious soups and breads prepared by the amazing chefs and students from Lakeshore Catholic High, Port Colborne High and Niagara College. It is definitely an event you don't

want to miss next year ... the soups keep getting better and better.

This year proceeds will go directly to the Reaching Out & Changing Lives Capital Campaign which was initiated to enable the completion of renovations and an addition at the Port Cares Reach Out Centre at 61 Nickel St., Port Colborne.

Events like this happen only with the help of many and we are truly grateful to the individuals and businesses that willingly support Port Cares Soup Fest and make it such a success.

The board members, staff and volunteers of Port Cares know we can make a difference and with the support from our many partners in the community, continue to provide leadership, support and resources to improve quality of life in our community as we have for the past 25 years.

Pam Swick Janjac
Development officer, Port Cares

■ **HOLIDAY:** Special occasions usually involve special traditions

Easter – it's a special time to celebrate



George Duma
BY GEORGE

Easter weekend is always special.

It goes back to childhood, being raised as a Roman Catholic in a Polish household.

Easter had a meaning unlike any other time of year. It is the highlight of the Christian calendar, more so than Christmas.

Although Christmas celebrates Christ's birthday, Easter celebrates the fact he died, but was then resurrected.

Back when we were kids, Easter brought with it an entire mood, a feel. It almost personified spring. In that if spring signals the rebirth of nature after a long winter, Easter celebrates Christ's rebirth after the crucifixion.

Growing up in Toronto's Parkdale district meant growing up in a neighbourhood where the predominant language was Polish.

Post-Second-World-War Polish immigrants flocked to the area, just east of the city's High Park and bounded by Bloor Street to the north, Lake Ontario to the south and Lansdowne Avenue to the east.

Snack dab in the middle was St. Casimir's Church on Roncesvalles Avenue, or

Parafia Sw. Kazimierza as it's known in Polish. It was the hub of Parkdale's Polish Catholic population. It's where we went to Mass every Sunday.

It's where we went to Polish school two nights a week after our regular daytime elementary school, to learn how to read and write in the language of our parents.

And it's where, on Holy Saturday, we went with baskets of food to have the Easter Sunday breakfast we would eat the next morning blessed by one of the parish priests in the church hall.

The basket, of course, didn't include the entire brunch for the next day. But Mom would put together a sampling of some of the

items on the menu. There would be a hunk of sweet bread, some hard-boiled eggs, perhaps a piece of kielbasa or ham and some salt. This was then covered with white linen.

Upon arriving at the church hall, we would find long tables set up in a U-shape, with the inside of the U away from us. We would all put our baskets on one of the tables and then stand back away from them.

Poles take special pride in preparing a decorative and tasteful basket with crisp linens, occasionally

embroidered for the occasion, and just enough boxwood and ribbon woven through the handle.

Observing the beautiful foods and creations of other parishioners was always one of the special joys of the event.

Eventually, one of the priests would arrive to say a prayer and sprinkle holy water on all the baskets, as he made his way around the U. When he finished, we would all pick up our baskets and head home.

On Easter morning, a special Resurrection Mass

would be celebrated at St. Cas's. At this Mass, a procession of priests, altar boys and the rest of us would circle the church three times while the church bells would peal and the organ would be played for the first time since it had been silenced on Good Friday. Following the Mass, we would return home to brunch.

It's a Polish tradition that the woman of the house doesn't cook on Easter Sunday. As a result, the lunch is all cold dishes.

See DUMA | page 6

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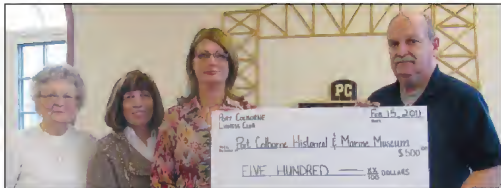
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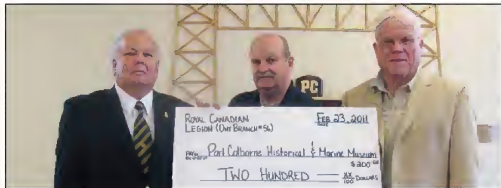
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■ \$500 DONATION



LINDSAY COSTELLO Tribune Photo
June Heaslip, charter member of the Port Colborne Lionses, Claudia Brema, treasurer, and Christine Massie, president, present Brian Heaslip, chairman of the Port Colborne-Wainfleet 1812 Bicentennial committee with a cheque for \$500 at the Port Colborne Museum on April 13.

■ \$200 DONATION



LINDSAY COSTELLO Tribune Photo
Doug Brown, chair of youth and education at Royal Canadian Legion Branch 56 presents Brian Heaslip, chairman of the Port Colborne-Wainfleet 1812 Bicentennial committee, and Dan Anger, committee member, with a cheque for \$200 at the Port Colborne Museum on April 13.

■ DUMA

Sunrise service a special tradition to look forward to

FROM PAGE 5

The Easter table is covered with a white tablecloth, indicative of the white swaddling cloth with which Christ was wrapped when he was placed in the Holy Sepulcher.

On the middle of the table there would be an array of coloured eggs, cold meats, coils of sausages, ham, sgrands and a lamb made of sugar.

Mom would always have a creamy horseradish sauce as well as her infamous beets with horseradish as the condiments for the day.

Before the meal actually began, we would indulge in the age-old tradition of sharing the blessed eggs with one another and wishing each other good health and happiness for the rest of the year with hugs and kisses.

They were joyous times, those Easter's of long ago. But things change and some traditions change along with them.

One of my favourite current traditions involves the Easter sunrise service many of my fellow

First Lutheran Church congregants and I attend each year.

It takes place out at St. Paul's Cemetery in Bethel at 7 a.m. each Easter morning. It's magical, being out there in the morning. We've been fortunate enough to have sun more often than not on those mornings, so we're literally at a sun-rise service.

Following the service, we all head back to the church hall on Elm Street for a delicious 9 a.m. breakfast before attending another service at 10:30. It's a wonderful morning.

Traditions are those constants in life that bring the "special" to special occasions.

So whatever this weekend brings your way, and whatever your personal traditions involve, may you have a happy, joyous Easter.

George Duma is a resident of Port Colborne and has spent 30 years in the newspaper business. He welcomes comments and column suggestions and can be reached at: gduma@cogeco.ca

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ALONG THE LAKESHORE

Tuesday, April 26

There will be an all-candidates meeting sponsored by the Rose City Seniors Activity Centre at Holy Trinity Church, 77 Division St., Welland, from 1 p.m. to 3:30 p.m. The forum will give area seniors an excellent chance to question the candidates about their stand on affairs of concern to seniors in particular. All are welcome. Refreshments will be available.

Friday, April 29

Murder mystery dinner show and dance. Special charity fundraiser for Heart to Heart Africa "Peace Through Education" at 688 Elm St. Doors open at 6 p.m. Questions start at 7 p.m. Snacks, door prizes, pizza, and most of all fun. Tickets are \$15 each and can be purchased individually or assemble a team of 8 to 10 trivia enthusiasts. Reserve your table and buy your tickets at 905-835-8111 for details. Wheelchair Accessible.

Friday, May 6

Trivia night at First Lutheran Church, 688 Elm St. Doors open at 6 p.m. Questions start at 7 p.m. Snacks, door prizes, pizza, and most of all fun. Tickets are \$15 each and can be purchased individually or assemble a team of 8 to 10 trivia enthusiasts. Reserve your table and buy your tickets at 905-835-8111 for details. Wheelchair Accessible.

firstlutheranpc@gmail.com

Saturday May 14

Community Garage Sale to support beautifying the East Village from 9 a.m. to 4 p.m. at Community Living on McCrae St. in addition to a vast array of goods, come out and enjoy a BBQ, Silent Auction, Bake Table and Sports Equipment Swap. To donate items or for more information, please call 905-835-1914 or at the door. An alcohol free event.

AT THE PORT COLBORNE PUBLIC LIBRARY

You are invited to a Prince and Princess Tea in honour of the wedding of William & Kate. Thursday, April 28th at 4 p.m. For Princes and Princesses of all ages. Dress up in your favourite Prince or Princess outfit to enjoy tea or lemonade, snacks and stories and make a Royal keepsake craft to take home. Cost: \$1 per person. Pre-register at the library. Parents and grandparents welcome.

Continued on page 8



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What Can Help Prevent illness?

The answer? It's garlic. Garlic is one of the world's oldest natural, infection fighting remedies... it was even used by the pharaohs of Egypt! Modern science has shown that the allicin found in garlic is responsible for the amazing anti-infective properties of garlic. It is this little known compound that could be your best defense against the common cold virus.



properties of garlic remained a bit of a mystery. Studies now show that when the garlic clove is crushed, two molecules — named allin and allinase come in contact with each other to rapidly form the compound allicin. Consuming stabilized allicin creates an all-out attack on a wide spectrum of micro-organisms, naturally (without side effects) and very effectively.

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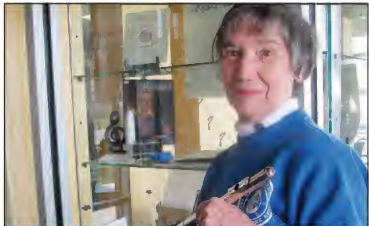
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■ FESTIVAL OF ARTS



WILMA TENNIER, who is in charge of publicity for the Port Colborne Festival of the Arts, shows off her display of festival-related artifacts at the Port Colborne Library. The festival runs from April 30 to May 13.

LINDSAY COSTELLO Tribune Photo

What is the importance of healthy eating for denture wearers?

The relation between significant tooth loss and the ability to chew fresh fruits, vegetables and meats, has a great impact on the nutritional value of one's diet. Toothless or partially edentulous individuals are at a higher risk of malnutrition. Edentulous individuals with poor nutrition intake may be at higher risk for a variety of diseases. For example those who consume little vitamin A are at a higher risk for various forms of cancer, heart disease and rheumatoid arthritis. Similarly the dietary deficiencies of vitamin E are associated with various cancers, heart and Parkinson's Disease and low vitamin C and thiamine levels lead to a reduced immune system function, cardiovascular disease, hypertension and nausea, constipation as well as appetite and weight loss. Another ill effect of a low nutrient diet is a loss of muscle mass and strength caused by inadequate intake of protein, which could further increase frailty. An increased intake of fat and cholesterol observed in toothless patients have been associated with obesity, diabetes mellitus, as well as arteriosclerosis.

What can I do to prevent any of this happening to me?

Considering the vast implications of a low nutrient diet, it is worth acknowledging that nutritional balance and good health can be significantly improved and restored with the use of a well made denture, and a vitamin supplement regime planned by your doctor. A well made denture, will allow you to introduce back into your diet all the nutritionally laden foods such as fresh fruits and vegetables, proteins and nuts that were avoided when chewing with an ill-fitting, poorly designed denture. Individuals with implant supported dentures, greatly improve their food choices by including more hard to chew foods that are rich in nutrients, therefore greatly improving their health status.

To switch to a more balanced diet may be as easy as having well fitted dentures, that allow for improved chewing and grinding function. The ability to better chew fruits, vegetables, meats and nuts will increase your nutrient intake and may decrease your risk of various disease. For more information see your Denturist.

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ALONG THE LAKESHORE

(Continued from page 7)

Adult Knitting Classes:
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Kids' Yoga with Nadia Espidito: For ages 4 to 11, Tuesdays from 4 to 5 p.m. Two 5 week sessions beginning Tues., April 12th to June 14th. Cost is \$20.00 per session per-aid, or \$5.00 per drop in. To register call Nadia at 905-329-8841.

Rise & Shine Yoga with Heather Jones: Current session runs Wednesdays, March 23rd to May 4th, 9:30 to 11 a.m. Hatha yoga - all levels. Punch Cards only. Call

Heather at 905-932-6061.

Small Hands Studio: Art Workshops for Children, with Kelly Langley Davies. Painting, drawing and sculpting. Mondays, 6 to 7:30 p.m. Ongoing classes until June 27th. Each five week session costs \$65. Save \$5. per child when you book two or more siblings in the same session. Call Kelly at 905-834-8483 for more information.

Films for seniors presented the first Wednesday of the month from Oct. to May @ 1:30 p.m. in the Auditorium. Free admission and refreshments.

ONGOING

Maker's Market at Guild Hall, 72 Charlotte St., from

8 a.m. to 12:30 p.m. every Friday. Features local artisans and breakfast for \$4. The market is seeking new information for 2011. For more information call 905-834-3184. Lucy's Cafe is now at the market.

If you have a passion for the East Side and want to work with others to improve our neighbourhood please attend our "Moving the East Side into Action" meetings. They are held at 6:30 p.m., the first Tuesday of every month at Port Cares Reach Out Centre, 61 Nickel St. For more information please call Mary Anne at 905-835-1914. Funded in part by the Niagara Region through the Niagara Prosperity Initiatives.

Alzheimer Society of Niagara Region Support Groups for Caregivers meets the first Tuesday of each month (except for July and August) at 1:30 p.m. to 3 p.m. at Rapelle Lodge, 277 Plymouth Rd., Welland. For more information call 905-687-3914.

Computer workshops and one-on-one training are available at the Welland Township Public Library Monday, Wednesday and Friday afternoons. Please call the Library at 905-899-1277 to book an appointment.

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inPortbrief

DEADLINE PASSES

WELLAND — The deadline has come and past for anyone wanting to run in the May 2 federal election.

In the Welland riding two more candidates have entered the race: Ron Walker, who is running for the Communist Party of Canada, and Ray Game, who is running as an independent.

Walker is a retired automotive sector

worker and social justice lobbyist. Game is a master electrician who owns Ray Game Electric; he teaches at Mohawk College and used to be a milk man.

Five others also in the running are current NDP MP Malcolm Allen, Liberal candidate John Maloney, Conservative candidate Lesma Willeke, CIP candidate David VanGorden and Robin Williamson of the Green Party.

The Niagara West-Glanbrook riding is engaged in a five-way race for office that started early.

Candidates include sitting MP Dean Allison for the Conservatives, Liberal Stephen Bieda, Sid Frere of the Green party, New Democrat Dave Heatley and CIP representative Bryan Jungblod. To find out where to vote go to www.electionscanada.ca.

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■ EVENT IN JUNE

Up in the air with History in Motion air show

LINDSAY COSTELLO
For InPort News

WELLAND — Prepare for takeoff.

On June 11 and 12, Welland's 50th annual Rose Festival will present History in Motion, an air fly-in that will help preserve the history of aviation in the city.

Taking place at Welland Aero Center at Niagara Central Airport, the static, vintage air show will include opening ceremonies with a band and air cadets, as well as guest speakers.

Rose Festival director Michael Raymond said the event will be a learning experience for both young and

old.

Geared towards educating youth, the two-day event will provide Niagara elementary school students with an interactive learning environment.

Grade 8 classes throughout Welland, Pelham, Port Colborne and Wainfleet will choose names of various aircraft and be responsible for

representing the plane they choose by creating a display and sharing what they've learned with the public. Lunch will be provided to the students, but Raymond said he is still looking into getting a sponsor to fund transportation to and from the event.

Pelham's Dorothy

Rungeling, one of the first female flight instructors who was based out of the Welland airport, will be on hand to give a presentation.

Raymond said he would like to have veterans attend the event and address the audience as well.

Mike Knapp Ford Dealership and Canadian

Veteran Affairs will sponsor the event, but Raymond is looking for more sponsors.

For more information on Rose Festival events, visit www.wellandrosefestival.on.ca.

Lindsay Costello is a Niagara College journalism student on a work placement at InPort News.



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■ MENTAL HEALTH

Mobile research lab to study Port

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — Port Colborne will be the first community under the microscope of a mobile research lab.

The Researching Health in Ontario Communities mobile project, facilitated by Centre for Addiction and Mental Health, will be launched in Port Colborne at the end of the month.

Researchers will use the lab on wheels — the first of its kind in Canada — to study mental health and addictions in communities across Ontario.

The project will reach out to underserved populations in rural, remote and First Nations communities to help improve prevention and treatment services, said scientist Samantha Wells while presenting the project to city council Monday night.

Social service agencies from the lake-side city provided "tremendous support" for the project concept, which made Port Colborne an ideal choice for the launch, Wells said.

Researchers will look at "various aspects of well-being in the community," such as stress, mental health, substance abuse and use of health services.

The CAMH team will advertise throughout the city and go door-to-door to recruit voluntary participants for the project. The hope is to attract a "diverse population of people," Wells said.

In the lab, researchers will conduct interviews and surveys, run focus groups and take hair, saliva or blood samples to measure stress or obtain genetic information. Volunteers have the right to refuse any portion of the research process, Wells said.

The launch for the project, including an open house where residents can have their questions answered, will take place Thursday, April 28, at Guild Hall, 72 Charlotte St., beginning at 3 p.m.

Advertising for the project will begin in May. Interested parties will be given a phone number to set up an appointment at the lab.

Following its stint in Port Colborne, the mobile lab will head to Welland.

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■ **HISTORY:** Name change doesn't mean importance is lost

New name for Victoria Park: it's East Village Community Park

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE —
History is still in full swing at
what was once Victoria Park.

Though the park's name
was officially changed to
East Village Community Park

during a recent council meeting, the playground on the green space will retain the Victoria name.

Ward 2 Coun. Angie Desmarais — who brought the initial motion for the name change forward — said the east village community was happy to pay homage to the park's

history.

The plaque marking Victoria Playground currently on site will remain, and a new sign erected, in both English and French, declaring the area as East Village Community Park.

The compromise stresses the importance of holding onto history while also moving for-

ward, said Ward 2 Coun. Yvon Doucet.

An investigation by Port Colborne Historical and Marine Museum determined the playground was donated to the city by Canada Furnace Co. Ltd. on Aug. 13, 1949.

See **PARK** | page 15



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MARYANNE FIRTH Staff Photo

Marilyn Lohocki, Souzy Brunet-Rankin and Ward 2 councillors Angie Desmarais and Yvon Doucet visit Port Colborne's Victoria Park, which night has had its name officially changed to East Side Community Park.

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■ VOLUNTEERS

Work hard

FROM PAGE 15

Resident and community program manager Tammy Wright said all the volunteers work hard to ensure the residents live comfortably daily.

"The time they give to us is huge," Wright said. "And they do so with care and compassion. We're celebrating 13,000 hours of volunteerism with us. Their dedication will leave a lasting impression with us."



EDDIE CHAU Special to InPort News
About 125 volunteers from Northland Pointe Long Term Care Facility were honoured for their years of service at a volunteer appreciation ceremony April 13 at the Guild Hall in Port Colborne. Pictured are Tammy Wright, Resident and Community Program Manager at Northland Pointe, 30 year volunteers Mary Koval, Colette Smyth and Margaret Van Doorn, along with Administrator Joy Misztal.



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Apartment Unfurnished **A610**

1 PLACE TO LOOK
for properties
properties.ca
Your search is over
Port Colborne
1, 2 & 3 BDRM Starting
at \$750/mth incl. Quiet,
centrally located
building with large
clean units & laundry
facility on site. Close to
downtown & shopping.
905-331-7367 to view.

2 + 1 BDRMS near
downtown, quiet,
quiet, 850 + incl. 905-
871-6871 Pkx & info at:
(905)517-6829 or
(905)835-5468

2 BDRM, 2725 + hydro.
Quiet, clean building
with mature tenants.
on Woodlawn Rd.
905-309-2895

1 & 2 BDRM starting at
\$599 + taxes. 905-871-
6871 Pkx & info at:
www.wmproperties.ca

1 & 2 BDRM
Welland, 800+ 905-785
Bright & Newly finished
James 905-321-441

1 & 2 BR apt. avail on
Rice Rd. incl heat &
hydro. Call for details.
Secured bldg near
schools & bus route.
Call Sandra 289-4365

Must See!

Call Classified Extra
1-866-541-6757

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1-866-541-6757

Apartment Unfurnished **A610**

2 BDRM, large, totally
renovated, downtown
Welland. \$950
includes call
416-447-3695.

Best Deal

THE CLASSIFIEDS
Always A
Best Seller!

2 BDRM, 2725 + hydro.
Quiet, clean building
with mature tenants.
on Woodlawn Rd.
905-309-2895

2 BDRM, no parking.
3 BDRM, no
parking, 850 +
bills (905)714-1600

2 BDRM, Young St.
Welland, near
Museum, Specious,
clean quiet, laundry,
parking, \$725 +
utilities. 905-834-7547.

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2 BDRM, large, totally
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Welland. \$950
includes call
416-447-3695.

Unique

3 BDRM Apt.
\$1,295 incl. inclusive
Aval May 1st
2 BDRM Apt.
\$960 incl. inclusive
Aval August 1st
Lowly suites in mature
building. Special
amenities, laundry
facilities & gym room.
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visit us on classifieds
thumandrents.com

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2 BDRM UPPER apt
centrally located,
boasting 1000 sq ft.
Recent updates, avail
June 1st, newer
carpet, stainless steel
washer/dryer. Ample
parking, call for details.
2050 division St. Call
today for a tour. View
905-732-4878.

GREAT RATES!
Call for details.
1 bdrm from \$540
2 bdrm from \$590
3 bdrm from \$890
Selling homes in the
area. Call for details.
905-732-4878

HAIST ST. Fonthill.
2 bdrm in quiet 11
unit, 3750/mth, incl heat &
water. Avail early May.
905-555-0475

KINGS MANOR on Glen
Park Dr. 1 & 2 bdrms
plus call. Bldg self selling.
Extra storage.
905-732-5371

ONE MONTH FREE
1 & 2 BDRM Avail
immediately. Call for
details. 905-732-1896

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Commercial/Office Space **A620**

RESTAURANT FOR
RENT in Welland at
Esso Station.
(905)959-1166

2 BDRM E. Welland East
1000 sq. ft. incl. heat,
garage. 905-101-1st
level. 905-732-0554

2 BDRM, 2725 + hydro.
Quiet, clean building
with mature tenants.
on Woodlawn Rd.
905-309-2895

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Houses **A650**

Must See!

3 BDRM brick home on
large property in quiet
area. Full neighbourhood
near Lake Erie. Very
large living / living rm.
Full large basement.
Available June 1st.
905mm plus all.
Call 905-847-8777
(voice) or email
crownlandscaping@
crownlandscaping.ca

2 BDRM E. Welland East
1000 sq. ft. incl. heat,
garage. 905-101-1st
level. 905-732-0554

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General Employment A800

NOW HIRING FULL & PART-TIME COOKS

Successful applicants must be able to work in a fast paced environment, under pressure. Experience in food purchasing would be an asset.

Return resume off to:
Elbow Room Sports Bar
200 Fitch Street, Welland

Employment Education

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General Employment A800

THE TRIBUNE

WE ARE LOOKING FOR PEOPLE WHO CAN DELIVER.

Serving South Niagara

Call to find out how you can earn extra spending money by delivering *The Tribune* in the morning and our free publication on Wednesdays and Fridays. The following routes are coming available soon.

PORIT COLBORNE

Call for upcoming routes available.

CALL CHARLENE AT 905-732-4134 EXT 270
FOR ROUTES COMING AVAILABLE

General Employment A800



Seasonal Employment

Smucker Foods of Canada Corp. - Home of Bick's in Dunnville is currently recruiting for a variety of seasonal plant positions for this years' fresh pack season which runs approximately from July to October. If you are interested in joining our team we offer:

\$10.25 per hour

Need to be available for all shifts (days, afternoons and nights)

Will be required to work weekends

Applications or resumes will be accepted at the Main Plant, 701 Broad Street East, Dunnville.

General Employment A800

NOW HIRING

CRL Campbell Construction & Drainage Ltd., a well established and reputable construction and drainage contractor in southern Ontario, seeks a

Licensed Mechanic & Apprentice Mechanic

Responsibilities to include:

- Working within a team atmosphere
- Maintaining dump trucks and heavy equipment

The Licensed Mechanic must have a Class A Truck & Coach license and knowledge of construction equipment maintenance, with a minimum of five years experience.

The Apprentice Mechanic must be close to the fourth year of the Truck & Coach apprenticeship program.

We offer a competitive wage and benefits package to the successful candidate. All responses will be kept confidential. Please reply by fax to:

Construction Manager (905) 899-3303

General Employment A800

Full Time

ESTIMATOR/GENERAL MANAGER & COORDINATOR

Required for a excavation company. Must be experienced. Send resume and wage expectations by fax to: 905-645-4774

ATTENTION READERS

classifiedextra.ca strongly recommends that readers never send money in response to Employment or Job Opportunity advertisements.

PARADISE TIME

Looking for experienced part time Bartender/Waitress Apply quickly and in person at
Cheers Restaurant
292 East Main St.
Welland requires a

Full Time

Let us show you how to make your job STAND OUT!

Call Classified Extra 1-866-541-6757

SERVICE ADVISOR

Must have a proven track record with excellent customer service and drive clean certificate. Apply in person to Bill Merr Service Manager, 156 Pineway Dr, Welland

NEED ADDITIONAL INCOME?

COME! Let us to operate a Min-Office Outlets from home. Free on the training. Flexible hours. Great income. www.startupbiz.com 402.000

EMPIRE

REQUIRES COMPANY DRIVERS

Above average pay and pension plan.

Fully paid medical benefits with clean abstract and 2 years over-the-road experience need apply.

Applications may be obtained at: 263 South Service Road, Grimsby or contact Renaud Jean or Sam at 1-800-263-0240

Drivers

Join K.A.M. TRUCKING INC. Today!

NOW HIRING CLASS A2 COMPANY DRIVERS FULL TIME OR PART TIME LOCAL OR HIGHWAY

1-yr. verifiable driving experience

-Stability for you and your family today and in the future

-Fast & T.W.C. cards on hand

-Fair and equitable dispatch, we work together in a team environment

-Company paid benefits available after 60 days

-Reasonable flex

-Trips 2-3 days, allowing you to be home with your family on a regular basis

-If you have a professional attitude, we want to hear from you!

Call Karl or Mark (905)899-3399; fax resume to 905-899-3499 or email to karl@kamtrucking.com

General Employment A800

Full Time

ESTIMATOR/GENERAL MANAGER & COORDINATOR

Required for a excavation company. Must be experienced. Send resume and wage expectations by fax to: 905-645-4774

GUARANTEED CRIMINAL PAROLES

100% FREE INFORMATION BOOK LET IT BE NOW-PAR. DON'T LET YOUR PAST LIMIT YOUR FUTURE. Re-move YourRecord.com PAROLES SERVICES CANADA

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Person to Person A956

ALCOHOLICS ANONYMOUS: If you want to drink, start your business. If you want to quit, there's our business. 905-668-4204

Adult Personals A974

FREE TO TRY - 866-732-0070
LIVE GIRLS - Call 8001
-888-626-4790
You Choose! Live! - 877-544-0198
Live! Convention! - 1-877-250-0535

Star Fleet Trucking HIRING DRIVERS

FARMERS RANCHERS & RETIREES needed with 3rd tier for top trailers and 5th wheels. U.S. manufacturers to deliver throughout Canada. Free IRP plate for all drivers and low insurance rates! Ret. commercial lic. or 3 yrs. towing exp. Top pay! Call Greg 1-877-860-4523
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Dating A990

ANOTHER LONELY SUMMER WE HOPE NOT! Misty River Productions can find you someone you love to spend your life with. Ontario's Traditional Matchmaker (919) 886-4204
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Adult Personals A974

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LIVE GIRLS - Call 8001
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You Choose! Live! - 877-544-0198
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Garage Sales

For Sale Sign getting faded in the front yard? Let us put it in all our customers' yards. Reaching potential buyers at their convenience in the comfort of their own home.

Newspaper Advertising is Unique like you.

We'll be happy to help you
7am-Tpm
Monday - Friday
& Saturday
8am-3pm
We'll get you all the area's
Best Readers
1-866-541-6757
Classified Extra

FOR SALE

1-

PUPPO'S

Corner of
Maple Ave. and
Prince Charles
Drive

THURSDAY-SATURDAY SPECIALS

SPECIALS in effect Thursday April 21st to closing Tuesday April 26th, 2011 • OPEN THURS 9-9, CLOSED GOOD FRIDAY, OPEN SAT 9-6, CLOSED EASTER SUNDAY, OPEN MON 9-6

GRAIN FED FRESH Grade A TURKEYS

8 to 25 lb.
average **2⁹⁹** lb

CUT FROM ONTARIO AA AND AAA BEEF
NORWICH PACKERS CORN FED BEEF

PRIME RIB STEAKS

1/2 PRICE 6 Steak Limit **5⁹⁹** lb

FRESH ONTARIO PORK
BONELESS

PORK LOIN ROAST

1/2 PRICE **2⁴⁹** lb

FRESH MILK OR GRAIN FED VEAL, FRESH ONTARIO LAMB AVAILABLE FOR EASTER.

Country Meats BONELESS BLACK FOREST HAMS or FOOTBALL HAMS

2⁹⁹ lb.

DELI Specials

Smoked Cuts
HAM
KOLBASSA **3⁹⁹** lb.

Pilfers
HUNGARIAN
SALAMI **4⁹⁹** lb.

Romano Baked
MOZZARELLA
CHEESE **4⁹⁹** lb.

FRESH PORK BABY BACK RIBS

1/2 PRICE **3⁹⁹** lb.

FRESH LEAN GROUND PORK

1/2 PRICE **1⁹⁹** lb.

PEPSI



CASE OF 20 CANS

4⁹⁹ 2 CASE LIMIT



TROPICANA ORANGE JUICE

1.75 litre carton
SAVE \$4.50 **2⁹⁹** 3 CARTON LIMIT

JANE'S GENUINE SCOTTISH HADDOCK BREADED OR BATTERED



575/580g box
1/2 PRICE **5⁹⁹** 2 box limit

WESTON DINNER ROLLS

Pkg of 20

2/\$5



ROBIN HOOD FLOUR

10kg bag



9⁹⁹ 2 BAG LIMIT

OCEAN SPRAY CRANBERRY COCKTAIL

1.89 Litre



3/\$10

THAI GOLD JUMBO SHRIMP

21/25 size
2 lb. Bag



1/2 PRICE **19⁹⁹**

WESTON HOT CROSS BUNS

Pkg of 8



2⁹⁹

STONE CREEK DAIRY ICE CREAM

1.89 Litre



3⁹⁹

NORTHERN KING LARGE SHRIMP

31/40 size
680g Bag



9⁹⁹

FROZEN CARIBBEAN LOBSTER TAILS

8 oz size



1/2 PRICE **9⁹⁹** each

CALIFORNIA SUNKIST ORANGES



2⁹⁹ DOZ.

NO. 1 GRADE TEXAS SWEET ONIONS OR FLORIDA MINI POTATOES OR ONTARIO SWEET POTATOES OR MEXICAN ZUCCHINI



99¢ LB.



NO. 1 GRADE ONTARIO LOCAL GREENHOUSE RAINBOW PACK SWEET PEPPERS



2⁹⁹ LB.

FRESH FROM THE TROPICS GOLDEN PINEAPPLE

CORED
READY TO EAT



3⁹⁹ each

PRODUCT OF USA WASHED READY TO USE BABY SPINACH OR BABY GREENS



3⁹⁹ LB.